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The Make-up Manual Aug 20 2021 A comprehensive make-up manual that details all aspects of make-up application, solutions to common problems, as well as tips and tricks for perfecting your look every time.

Waking Up Apr 15 2021 For the millions of Americans who want spirituality without religion, Sam Harris's latest New York Times bestseller is a guide to meditation as a rational practice informed by neuroscience and psychology. From Sam Harris, neuroscientist and author of numerous New York Times bestselling books, *Waking Up* is for the twenty percent of Americans who follow no religion but who suspect that important truths can be found in the experiences of such figures as Jesus, the Buddha, Lao Tzu, Rumi, and the other saints and sages of history. Throughout this book, Harris argues that there is more to understanding reality than science and secular culture generally allow, and that how we pay attention to the present moment largely determines the quality of our lives. *Waking Up* is part memoir and part exploration of the scientific underpinnings of spirituality. No other book marries contemplative wisdom and modern science in this way, and no author other than Sam Harris—a scientist, philosopher, and famous skeptic—could write it.

Star Wars Feb 23 2022 A guide to the Star Wars universe describes characters, vehicles, organizations, and the Force, in a volume that includes pop-ups, side flaps, and working light sabers.

The Human Body Nov 10 2020 It's 1839 and you are a medical student working on your first human body dissection! Under the watchful eye of Dr Walker, peel the flaps back to reveal the inner workings of the human body, from bone and muscle, to the brain, eyes, heart, lungs and everything in-between. Victorian-inspired illustrations meet with medical notes and sketches to give a complete in-depth exploration of how the human body works.

Guide to Dinosaurs Jun 05 2020 Dinosaurs were amazing creatures. From the time the first dinosaur bones were unearthed, the story of these unusual animals has captivated both the young and old. We continue to learn more about them from the fossil record, but there are still many questions: How do dinosaurs fit with the Bible? Are they really millions of years old? Did they live at the same time as humans? Were there dinosaurs on Noah's Ark? How did they go extinct? *Guide to Dinosaurs* is a fascinating and lavishly illustrated volume that takes a careful look at the evidence and how it fits with the historic accounts given in Scripture.

Up Nov 22 2021 Go behind the scenes of Pixar's latest blockbuster *Up!* Let your child enter the extraordinary world of 78-year-old Carl Frederickson, who ties balloons to his house and floats away to escape from modern society, before they can knock down his house and put him in a nursing home. They'll meet Carl's persistent Junior Wilderness Explorer sidekick Russell as they travel the globe together, fighting beasts and villains. Come face-to-face with the characters from Pixar's *Up* and learn all about them with tons of cool facts. Journey through fantastic stills and CG character photography from the movie and learn all about Carl's magical world. It's a non-stop, up-lifting adventure.

The Boy's Body Book Sep 28 2019 You have questions! We have answers to everything you need to know for growing up you! Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The *Boy's Body Book* is here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have. Topics include: From hair care to athlete's foot, a head-to-toe guide to what's happening with your changing body Basketball football, soccer, chess: How you can excel no matter what you like to do Your guide to the care and keeping of parents, teachers, brothers, and sisters How to keep your friends and your morals, and what to do if peer pressure starts to be come an issue

The Pop-Up Guide: Natural Wonders May 05 2020 An immense canyon, the world's highest peak, and colorful lights that fill the night sky! Travel around the world with these multilayered 3-D scenes that leap off the eye-opening pages of this Pop-Up Guide(tm). Children can find out more about them and other marvels in this unique look at the world's natural wonders! * 10 big multilayered pop-ups! * Descriptive text and labeled illustrations for quick and easy learning * Built-in elastic bands that allow readers to prop open and display their favorite scene * Sturdy construction that's perfect for at-home or on-the-go Fans of the Pop-Up Guide(tm): Natural Wonders will also enjoy the others book in the series, *Space* and *Vehicles*. * Pop-up books for kids * Educational books for children aged 3 to 5 * Books for preschool and kindergarten children

The Tween Book May 17 2021

The Small Business Start-up Workbook Mar 27 2022 In this practical and comprehensive workbook, Cheryl Rickman, offers a modern approach to self-employment and business start-up. Packed with real-life case studies and practical exercises, checklists and worksheets, it provides a step-by-step guide to researching and formulating your business ideas, planning the right marketing strategies, and managing a team that will drive your vision forward with you. You'll discover what, with hindsight, well-known entrepreneurs would have done differently, what their biggest mistakes have been and what they've learnt: Dame Anita Roddick, Julie Meyer, Stelios Haji-Ioannou, Simon Woodroffe and others reveal their best and worst decisions and contribute their wisdom and tips for succeeding in business. You'll learn how to: develop, research and plan "the idea"; design and create the right products and services; define and understand your customers and target audience; secure finance and manage cash flow and accounts; create a winning brand and marketing message; gain and retain customers; achieve competitive advantage; plan, create, launch and promote your website; and manage your business and time. This fresh approach to small business start-up also includes information and recommendations on making your business ethical and socially responsible, along with exercises to help build self-confidence and visualize success.

The Wire Re-Up Feb 11 2021 Epic, multi-layered, morally challenging and action-packed - *The Wire* is everything a TV programme should be and more. A cult hit in the US and Britain, it has thousands of committed fans willing to engage in endless debates. Once you've watched it, you'll be drawn in, too: Is Omar Little the coolest criminal since Robin Hood? Which series has the best theme tune? Will Bubbles survive Baltimore? Avon or Stringer? This book collects the thoughts of Guardian journalists and the readers of the Guardian's *Wire Re-Up* blog and combines them with interviews with the show's creators and stars and the all important xxx ratings, to bring you a more than fitting eulogy that will follow the airing of the show's final season.

Start-Up Guide for the Technopreneur Jan 31 2020 A comprehensive guide to financial planning and venture fundraising for tech entrepreneurs As technology progresses, impacting our daily lives in more and greater ways, technology start-ups come and go at a dizzying pace. There are plenty of opportunities out there for anyone with a great idea, but it takes much more than a great idea to make your tech start-up a success. In addition to creativity and new ideas, being a successful tech entrepreneur requires strategic decision-making in terms of business planning, financial planning, negotiations, and corporate governance. This book serves as a thought-provoking guide that helps tech entrepreneurs avoid the dangers inherent in business start-ups in general and the treacherous realm of venture capital in particular. This book is the ideal reference for anyone who wants to overcome the challenges of running a start-up from incubation to exit. Excellent advice for tech entrepreneurs written in layman's terms Written by an author with more than fifteen years of experience as a founder and co-founder of tech start-ups in the U.S. and Asia Designed to fill the role of an experienced mentor for tech entrepreneurs For first-time founders of tech start-ups requiring venture capital, *Start-Up Guide for the Technopreneur* is the perfect resource.

The Growing Up Guide for Girls Dec 24 2021 *The Growing Up Guide for Girls* is a one-stop guide for young girls on the autism spectrum explaining all they need to know about puberty and adolescence. The pre-teen and teenage years are a bumpy time when bodies change, emotions are high and peers are developing at different paces. Using simple, literal language and delightful colour illustrations, this book explains the facts about body changes such as growing hair in new places, periods, wearing a bra and keeping spots away! It gives cool tips on what makes a real friend, what it means to have a crush on somebody, and how to stay safe online. Most importantly, it explains that every body is beautiful and unique and encourages young girls with autism to celebrate difference! Perfect preparation for the teenage years for girls aged 9-14.

The Boys' Guide to Growing Up Apr 27 2022 A friendly, reassuring positive guide for boys as they approach puberty, explaining the changes that will happen to their bodies as they grow up and how these changes might make them feel. Covering everything from body hair and vocal changes to mood swings and self-esteem, puberty and parenting expert Phil Wilkinson addresses any worries that boys might have relating to what is 'normal'. He reassures readers and boosts their confidence, encouraging them to feel positive about the changes they will experience as they go through puberty. The book also includes lifestyle advice on topics like healthy eating and exercise, as well as information on how puberty affects girls. Topics covered: What is puberty? Your puberty timeline How do hormones work? The height and weight race A deeper voice Spotty skin Hair, hair, everywhere The art of shaving Sweat, smells and personal hygiene Changes down below More changes down below New feelings Sex explained Making babies Keeping your confidence up Mood swings Managing your feelings Healthy eating The power of exercise Privacy and your body Puberty for girls Girls have worries, too

Girl, You Got This Jan 13 2021 + Self Love + Nutritional Recipes + Fitness + Do it Yourself Girl, We Got This, is an eBook created by Bluhazi, four women who dream to inspire you to live your best life holistically, physically and mentally. BluHazi is a space for women to connect and embrace sisterhood because we believe that we are all sisters here. Sharing our passions through nutritional recipes, health + wellness, and empowerment has created a community of strong and committed women who want to live their best life surrounded by powerful and supportive women. Girl, YOU got this. - @Bluhazi

Grace's Guide May 29 2022 A comedian who has gained popularity on YouTube offers her irreverent take on life, in an illustrated book geared toward anyone faced with the daunting challenge of growing up. Original.

Tyrannosaurus Rex Sep 20 2021 Explore Tyrannosaurus rex, layer-by-layer in this eye-popping vintage-inspired popup book. Deep in a mysterious region, the complete remains of an adult Tyrannosaurus rex have been uncovered. It is the discovery of a lifetime! In this detailed report, a team of scientists prepare to dissect the body - and you have been lucky enough to be drafted in to help. Grab your scalpel and get ready to get stuck in. Non-fiction comes alive in this incredibly detailed pop-up book that guides readers through a real life dinosaur dissection. Peel back the layers and learn as you go, discovering incredible facts about T.Rex's diet, movement and lifestyle.

Game of Thrones Dec 12 2020 Inspired by the Emmy® Award-winning credits sequence that opens each episode of the hit HBO® series, Game of Thrones: A Pop-Up Guide to Westeros is guaranteed to thrill the show's legions of fans. Featuring stunning pop-up recreations of several key locations from the series, including the formidable castle of Winterfell, the lavish capital city King's Landing, and the Wall's stark majesty, this book—designed by renowned paper engineer Matthew Reinhart—takes you into the world of the series like never before. Game of Thrones: A Pop-Up Guide to Westeros features a total of five stunning spreads, which fold out to create a remarkable pop-up map of Westeros that is perfect for displaying. The book also contains numerous mini-pops that bring to life iconic elements of the show, such as direwolves, White Walkers, giants, and dragons. All the pops are accompanied by insightful text that relays the rich history of the Seven Kingdoms and beyond, forming a dynamic reference guide to the world of Game of Thrones. Visually spectacular and enthrallingly interactive, Game of Thrones: A Pop-Up Guide to Westeros sets a new standard for pop-up books and perfectly captures the epic scope and imagination of the series.

The Girls' Guide to Growing Up Jun 29 2022 A friendly, reassuring and positive guide for girls as they approach puberty, explaining the changes that will happen to their bodies as they grow up and how these changes might make them feel. Covering everything from periods and breast development to body hair and personal hygiene, puberty and parenting expert Anita Naik addresses any worries that girls may have relating to what is 'normal'. She reassures readers and boosts their confidence, encouraging them to feel positive about the changes they will experience as they go through puberty. The book also includes lifestyle advice on topics like healthy eating and exercise, and information on how puberty affects boys. Topics covered: What is puberty? Your puberty timeline Breasts and bras Same age, different stage Skin changes Sweat, smells and personal hygiene Hair in new places Down there What are periods? The practical side of periods Coping with periods Sex explained Making babies New feelings Managing your moods Healthy eating The power of exercise Self-esteem and body image Privacy and your body Puberty for boys Boys have worries, too

The Small Business Start-up Guide Sep 08 2020 A guide designed to increase the probability of success and avoid common trouble areas in starting and operating a small business. Gives practical advice on such topics as selecting the right business, partners, marketing, insurance, computers, writing and speaking effectively, and others.

Scottish SUP Guide Aug 27 2019 The Scottish SUP Guide is the ultimate Guide to Where to Paddle in Scotland. With detailed descriptions, photos, Google Coordinates and local information, its the ideal introduction to SUP in Scotland. This is the first ever Paddleboarding (SUP) guide and book about Scotland. Many years of local knowledge have gone into producing this guide, highlighting some of Scotland's best locations. It includes locations for Surfing, Touring and Whitewater and on Loch, Rivers and Coastline. Whether you are a beginner wanting to know where to go or an expert wanting to hit the best spots, this book is for you.

How to Give Up Plastic Jun 25 2019 'We have a responsibility, every one of us' David Attenborough Around 12.7 million tonnes of plastic are entering the ocean every year, killing over 1 million seabirds and 100,000 marine mammals. By 2050 there could be more plastic in the ocean than fish by weight. Plastic pollution is the environmental scourge of our age, but how can YOU make a difference? This accessible guide, written by the campaigner at the forefront of the anti-plastic movement, will help you make the small changes that make a big difference, from buying a reusable coffee cup to running a clean-up at your local park or beach. Tips on giving up plastic include: · Washing your clothes within a wash bag to catch plastic microfibers (the cause of 30% of plastic pollution in the ocean) · Replacing your regular shampoo with bar shampoo · How to lobby your supermarket to remove unnecessary packaging · How to throw a plastic-free birthday party · How to convince others to join you in giving up plastic Plastic is not going away without a fight. We need a movement made up of billions of individual acts, bringing people together from all backgrounds and all cultures, the ripples of which will be felt from the smallest village to the tallest skyscrapers. This is a call to arms - to join forces across the world and to end our dependence on plastic. #BreakFreeFromPlastic Plastic is not going away without a fight. We need a movement made up of billions of individual acts, bringing people together from all backgrounds and all cultures, the ripples of which will be felt from the smallest village to the tallest skyscrapers. 'Plastic waste is one of the greatest environmental challenges facing the world' Theresa May

Dr Christian's Guide to Growing Up (new Edition) Mar 15 2021 Dr Christian Jessen tells it like it is, in this upfront and unashamed companion to growing up. Coming to the rescue of parents, boys and girls, Dr Christian is ready to answer all their questions about adolescence, sexuality and puberty. In his assured, non-nonsense fashion, he allays the fears and uncertainties of growing youngsters (and helps parents find answers) about puberty, sex, personal and emotional health and body image. Addressing all those cringey questions parents squirm at answering, Dr Christian's sensible, light-hearted advice guides boys and girls on the path to becoming healthy, happy adults. Covering issues such as: puberty, diet, sex, sexuality, self-esteem/body image, personal health, emotional health and bullying.

NPR's Podcast Start Up Guide Oct 22 2021 From NPR comes the definitive guide to podcasting—featuring step-by-step advice on how to find a unique topic, tell the best stories, and engage the most listeners, as well as the secrets that will take your pod to the next level. Whoever you are, whatever you love, there's a podcast audience waiting for you, and in today's booming audio storytelling landscape, it's never been easier to share your voice with the world. But while the barrier to entry for podcast production is relatively low (just the cost of a mic and a laptop), the learning curve is steep—and quality matters. That's where NPR comes in. In NPR's Podcast Start Up Guide, Glen Weldon draws on NPR's extensive educational materials and army of talent—from recognizable hosts, such as Guy Raz (How I Built This), Gene Demby (Code Switch), Linda Holmes (Pop Culture Happy Hour), and Yowei Shaw (Invisibilia), to indispensable behind-the-scenes players, such as producers, engineers, and editors—to guide aspiring podcasters through the conception, creation, and launch of a podcast. Part master class, part candid informational interview with the best in the business, this book is a must-read for anyone who wants to make their dream of starting a podcast a reality.

Harry Potter: A Pop-Up Guide to Hogwarts Jul 31 2022 A 3-D masterpiece celebrating Harry Potter's Hogwarts School of Witchcraft and Wizardry from New York Times best-selling pop-up engineer Matthew Reinhart. Harry Potter: A Pop-Up Guide to Hogwarts is an exhilarating, interactive guide to the iconic school of witchcraft and wizardry. This book features spectacular pop-up re-creations of key locations inside and outside Hogwarts castle, and it opens flat to form a pop-up map of the castle and its grounds—including the Quidditch pitch, the Forbidden Forest, and beyond. In addition to large pops on each spread, numerous mini-pops will bring to life beloved elements from the Harry Potter films, such as the Marauder's Map and the Flying Ford Anglia. Each pop will include insightful text about Hogwarts as seen in the films, making for a must-have collectible for fans of the wizarding world.

The Period Book Nov 30 2019 This bestselling, essential illustrated guidebook for adolescent girls is a trusty friend that can help girls feel confident about this new phase of their lives. What is my period exactly? Do I need to see a doctor? What does it feel like to wear a pad? What if I get my period at school? Karen Gravelle and her fifteen-year-old niece, Jennifer Gravelle, have written a down-to-earth and practical book that answers any questions you might have about your period, from what it is and what it feels like, to how to choose pads and tampons, to how to talk to your parents about it. The Period Book will help guide you through all

the physical, emotional, and social changes that come with your period, as well as related issues like dealing with pimples, mood swings, and new expectations from friends and family. Debbie Palen's funny and sympathetic cartoons ease the confusion and exasperation you might feel, and celebrate the new sense of power and maturity that your period can bring.

The Little Book of Adulting Jul 27 2019 Do you have a feeling of distant, creeping dread that everyone knows what they're doing and you don't? This how-to guide has all the tips, tricks and diagrams to let you into the secrets of adulthood, from eating more than two veg a day to saving money while living well. This book will help you put the 'fun' into 'functioning adult'.

Up Yours! Jan 01 2020 The most comprehensive guide available to UK punk, new wave and post-punk music, this compendium provides an A-Z listing of relevant artists together with discographies, personnel details and, for most entries, comments on the music. Also includes discographies of many of the key record labels of the era and details of the many relevant compilation albums. Profusely illustrated throughout with B & W and colour photographs (some previously unpublished).

The MTSS Start-Up Guide Apr 03 2020 Launch MTSS—and your students—into success MTSS is complex. Without correct implementation and evaluation, schools struggle to do it well and students can be negatively impacted in the process. With the guidance provided in this book, however, you can start on the path to equitable access and opportunities for all students to achieve. In this hands-on guide, authors Jessica and John Hannigan, nationally recognized MTSS experts, have laid out a clear, ten-step action plan for implementing a truly effective MTSS framework at your school. You'll understand the why, what, and how of MTSS, as well as how to audit and align your current practices, structures, and interventions in order to support all students. This guide provides: Directions for conducting an objective audit of your existing MTSS 10 essential indicators of MTSS implementation Practitioner tools and tips for initiating MTSS Instructions for using elements of continuous school improvement to ensure that what you are doing is working With full-sized templates, tools for implementation, and reflection prompts throughout, The MTSS Start-Up Guide is designed to help you launch MTSS—and your students—into success.

Level Up! Nov 03 2022 Design and build cutting-edge video games with help from video game expert Scott Rogers! If you want to design and build cutting-edge video games but aren't sure where to start, then this is the book for you. Written by leading video game expert Scott Rogers, who has designed the hits Pac Man World, Maxim vs. Army of Zin, and SpongeBob Squarepants, this book is full of Rogers's wit and imaginative style that demonstrates everything you need to know about designing great video games. Features an approachable writing style that considers game designers from all levels of expertise and experience Covers the entire video game creation process, including developing marketable ideas, understanding what gamers want, working with player actions, and more Offers techniques for creating non-human characters and using the camera as a character Shares helpful insight on the business of design and how to create design documents So, put your game face on and start creating memorable, creative, and unique video games with this book!

Opening Up Aug 08 2020 Relationship expert and bestselling author Tristan Taormino offers a bold new strategy for creating loving, lasting relationships. Drawing on in-depth interviews with over a hundred women and men, Opening Up explores the real-life benefits and challenges of all styles of open relationships — from partnered non-monogamy to solo polyamory. With her refreshingly down-to-earth style and sharp wit, Taormino offers solutions for making an open relationship work, including tips on dealing with jealousy, negotiating boundaries, finding community, parenting and time management. Opening Up will change the way you think about intimacy.

Power Up Mar 03 2020 Do you want more visibility and recognition at work? Are you looking to boost your confidence and motivation? Are you struggling to get your voice heard? You are not alone. Over the last 25 years, Antoinette Dale Henderson has coached thousands of women at all stages of their career on confidence, communication and assertiveness. Wherever you see yourself, whether that's starting out, managing or leading teams, returning to work or changing direction, she can get you there with her unique 6-step Power Up Model. This tried-and-tested approach focuses on key areas that will guarantee success and ensure you never get walked over, talked over or passed over again. Supercharge your career: clarify your purpose, solidify your goals and boost your resilience Define your roadmap: kick start your progress through easily achievable steps Get your voice heard: get the confidence to speak up and stand out from the crowd Antoinette Dale Henderson is an award-winning speaker, executive coach and founder of the Gravitas Programme, a leadership development course which has inspired thousands of managers, leaders and business owners to communicate with credibility and fulfill their career potential.

The Public Library Start-Up Guide Oct 10 2020 Hage is the director of a public library in Michigan, has worked in libraries for some 32 years, and has experience in creating new libraries and library facilities. She offers a practical manual for library practitioners, civic organizations, and community leaders seeking step-by-step guidance on starting libraries from the ground up. Coverage includes building the project team; securing financing; selecting a director and the staff; establishing personnel and service policies; creating a long-range plan; participating in collaborative arrangements; building, furnishing, and equipping the library; developing the collection; planning and developing services; and promoting the library. Annotation 2004 Book News, Inc., Portland, OR (booknews.com).

Speak Up Oct 29 2019 Provides information on the concepts and theories of public speaking along with a variety of real-life examples and visual explanations.

The Pop-Up Guide: Space Sep 01 2022 What's out in space? Can we travel to other planets? What do astronauts do? Children can find out the answers to these questions and more in this accessible and interactive guide. The multilayered 3-D scenes leap off every page, allowing young readers to experience space in a unique way. * 10 big multilayered pop-ups, one on every spread! * Descriptive text and labeled illustrations for quick and easy learning * Built-in elastic bands that allow readers to display their favorite scenes on a bookcase or desk * Sturdy construction that's perfect for at-home or on-the-go From exploring the planets and landing on the moon to planning future space missions, this first title in the new Pop-Up Guide(tm) series brings to life dramatic settings that capture children's imagination and encourage them to find out more. * Great family read-aloud book * Books for 3-5 years old * Books for preschool and kindergarten students

The Growing Up Book for Boys Jul 07 2020 The Growing Up Book for Boys explains the facts behind the growth spurts, body changes and mood swings of adolescence for boys aged 9-14 on the autism spectrum. The pre-teen and teenage years are a confusing time when bodies start acting with a will of their own, friendships change and crushes start to develop. Using direct literal language and cool colour illustrations, this book tells boys all they need to know about growing hair in new places, shaving, wet dreams and unexpected erections. It's full of great advice on what makes a real friend, how to keep spots away, and how to stay safe online. Most importantly, it explains that every body is amazing and unique and encourages young boys with autism to celebrate difference!

Grown: The Black Girls' Guide to Glowing Up Jun 17 2021 'Thank you for being the baddest in the literary game, knowing and loving us Black girls' Candice Carty-Williams, author of Queenie 'Such a loving and warm guide and ode to black girls, I am so happy the younger generation have this in their lives' Bolu Babalola, author of Love in Colour Your big sis in book form, Grown is the ultimate fully illustrated guide to navigating life as a Black teenage girl. With a foreword from the inimitable Spice Girl Melanie Brown and contributions from inspirational Black women such as Diane Abbott MP, Dorothy Koomson and Candice Carty-Williams and illustrations from Dorcas Magbadelo, Grown is a celebration of Black British girlhood that will empower teens everywhere. Being a teenager and trying to understand who you are and what you stand for is hard. Period. But if you're a Black girl and don't always see yourself represented in the books you read, the films you watch, the adverts you see or the history you're taught, it can be even tougher. Grown: The Black Girls' Guide to Glowing Up was written with one thing in mind sis. You. From understanding identity to the politics of hair to maintaining squad goals to dealing with microaggressions to consent to figuring out what career you might want, Grown has got your back. Natalie A. Carter and Melissa Cummings-Quarry, founders of Black Girls' Book Club, share stories - the wins and the Ls - and offer honest, practical advice that will show you how to own your choices. To live your truth without fear. To be grown on your own terms without limits or apologies. Grown. It's a mood. It's a mindset. It's a mantra. It's a lifestyle. It embodies everything that makes us who we are.

The Pop-Up Guide: Vehicles Oct 02 2022 Which vehicles work on construction sites? What types of vessels travel across oceans? Which ones take us up in the air? Children can find out the answers to these questions and more in this accessible and interactive guide. The multilayered 3-D scenes leap off every page, allowing young readers to explore the world of vehicles in a unique way. * 10 big multilayered pop-ups, one on every spread! * Descriptive text and labeled illustrations for quick and easy learning * Built-in elastic bands that allow readers to display their favorite scenes on a bookcase or desk * Sturdy construction that's perfect for at-home or on-the-go Fans of the Pop-Up Guide(tm): Vehicles will also enjoy the other book in the series, Space. * Great family and classroom read-aloud * Books for children aged 3 to 5 * Books for preschool and kindergarten children

After the Break-Up Jul 19 2021 What do you do when The One turns out not to be The One after all? When your dream home is snatched away from you, unfinished Schreiber kitchen units and all, and your dog is sent to live with your parents? When you suddenly have to find a flatmate, a way to pay the rent, a reason to keep going and maybe, ultimately... a new boyfriend? Sharp, funny and hugely entertaining, Carrie Sutton charts her life in the year following the Big Break-Up. The bad dates... the good friends... the times when you think you can't go on... and the moment you realise you are finally OK on your own. If you've experienced a Big Break-Up and need some cheering up, a bit of friendly advice and a few practical tips - then this is the book for you! Reading this book is like talking to your best friend over a large glass of wine. Uplifting, truthful and wise; as a feel-good remedy, it does everything except order you a cab home at the end of the evening! This title is published by Big Finish Productions, Ltd. and is distributed worldwide by Untreed Reads.

The Really Practical Guide to Starting Up Your Own Business Jan 25 2022 This book really does what it says on the cover and guides the reader in an easy-to-

read, practical way on every aspect of the know-how needed to plan and start up their own business. From advice on putting together a business plan to useful tips on how to avoid the many pitfalls likely to be encountered, this is a compendium of how to do it and what problems to look out for. It will be invaluable both when setting up and running your own business. In his 24 years as a business adviser and trainer, Kim Hills Spedding has helped more than 4,500 people set up businesses in the U.K. and understands that it is very often the very practical matters that are the most difficult hurdles for anyone setting out alone in business.

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